

# 2014 VAIL PLACE ANNUAL REPORT

## Program Description

Vail Place is a nonprofit organization with locations in Minneapolis and Hopkins, Minnesota that was founded more than 34 years ago under the belief that recovery from mental illness is possible. Vail Place members are 18 and older, with a diagnosis of SPMI (serious and persistent mental illness) – the most common diagnoses are schizophrenia, depression, and bipolar disorder.

With our unique Clubhouse-based Community Support Program and Case Management services, we strive to help members get back on their feet through integrated approaches to recovery. The Clubhouse-based Community Support Program model integrates peer support with a full array of programs in employment, education, housing, and wellness. It is designed to help members develop the tools, skills, and opportunities to build a community of support and reconnect with the broader community. Case Management Services provide individualized guidance and support for those at greatest risk and needing the most assistance. Members of Vail Place are seen as active participants in carrying out the activities of the organization. Each member is needed and valued for their skills and capabilities, and is a critical part of a community engaged in important work.



## Highlights



- Received \$370,000 grant from Minnesota's Commissioner of Health and Commissioner of Human Services to implement a Community Collaborative Care Center in partnership with North Memorial Health Care, Broadway Family Medicine Clinic, Portico, and Turning Point. The initiative was also featured in the Star Tribune.
- Vail Place was named "Provider of the Year" by NAMI MN.
- The Government in Action program at Vail Place was featured at the USA National Clubhouse Conference in Washington D.C.
- Remodeling at the current Hopkins location will soon be underway as the updates to the new building in Hopkins near completion this spring.
- Renovations to the existing Hopkins Clubhouse will be possible thanks, in part, to a \$40,000 grant from the Pohlad Family Foundation
- A \$35,000 grant from Wells Fargo Foundation Minnesota was also awarded in support of capacity building efforts
- The Otto Bremer Foundation also fully funded our \$250,000 request for renovations and upgrades to our two Hopkins facilities to increase our capacity.
- A Housing Manager position was added to oversee increased efforts to assist members with obtaining and sustaining safe and affordable housing.

## Collaborations and Community Impact

- Efforts to lead up a Clubhouse Coalition in Minnesota have begun with more than 12 Clubhouses participating.
- Vail Place is collaborating with Bethlehem Lutheran Church and their Mental Health Ministry program to sub-contract a Mental Health Navigator position at Bethlehem Lutheran. The purpose of the Navigator role is to provide a supportive and efficient service for connecting individuals to the various resources within the community.
- History Theatre teaching artists and Vail Place members spent four months working together to create a one-of-a-kind performance for more than 200 people showcasing the impact of mental illness on a person's life. This project was made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund. We are currently exploring options to continue the program.
- In partnership with NAMI MN's "Make it Ok" campaign, Vail Place hosted its second annual Make it Ok community conversation.

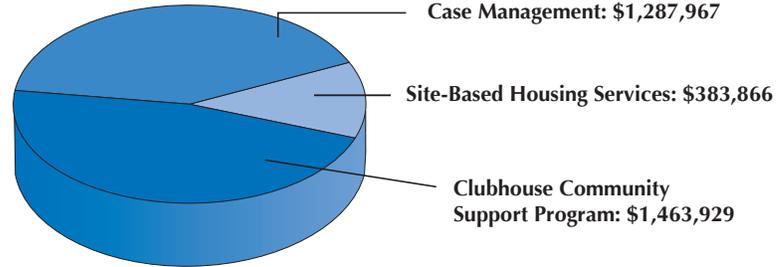


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## Members Served

- 1,731 people served – primary diagnoses: Schizophrenia, Schizoaffective disorder, Major Depression, and Bi-polar Disorder.
- 323 received Housing Services – assistance finding and retaining stable housing.
- 346 received Case Management services.
- \$879,931 – gross income of all members working.
- 13,670 – total meals served.

## HOW WE MEET NEEDS



## Board Of Directors Profiles – 2015

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## Satisfaction

### In members' own words:

- "Vail Place makes me a better person. It helps me become more assertive."
- "I was given more independence and value to my life."
- "I feel like I belong. I get support from other members."
- "I greatly appreciate the attentiveness of the staff members and I truly believe that they have my best interests at heart and wish that I am successful in my recovery."
- "Vail Place is friendly, warm, and welcoming. Vail Place is my community. I am at home here."
- "Everybody at Vail Place is an important person."



# VailPlace

[www.vailplace.com](http://www.vailplace.com)