

February 2018 Calendar

Hours

Mon and Fri.:
8am - 4:30pm
Tu, Wed, Thu: 8am - 7:30pm
Every Other Saturday:
11am - 2pm

Housing Drop-In Hours

Mondays 1:00-3:00
Thursdays 9:30-11:30

Meals

Lunch everyday 12:00 pm
Dinner T, W, Th 5:00 pm
Breakfast M and Fri 9:00 am

Social Rec Times

Tues, Wed, Thurs 4:30-7:30pm
Every Other Saturday 11-2

Business Center

Mon, Wed, Fri
2:00-2:30 pm

Daily Meetings

9:15 am & 1:00 pm


Tours

Mondays 10:00am
Wednesdays 2:00pm

Intakes

Wednesdays 9:00am

Clubhouse events and hours are subject to change, especially during inclement weather. Please call the club if you've got any questions.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 MICD 1:00 Philosophy Mtg 4:30 Card Making and Decorating for V-Day	2 2:00 Pre-Super Bowl Tailgate Party (Trivia, Appetizers)	3 Hopkins Closed <i>(Minneapolis OPEN 11-2)</i>
5 9:15 Week at a Glance	6 10:30 Thrive! Nutrition with Christine S 1:00 History Theater 3:00 Decision Making Mtg: Snack Bar Review 5:30 Music Rehearsal	7 11:00 Orientation 3:00 Celebration of Life: Remembering Marilyn M 5:00 Film: <i>The Sound of Music</i> 5:30 <i>Star Trek Discovery</i> Viewing	8 10:00 MICD 11:00 Social Rec Planning 1:00 Philosophy Mtg 2:30 Card Making and Decorating for V-Day	9 1:30 History Theater	10 Hopkins Open 11-2 pm Empty Bowls Reiki
12 9:15 Week at a Glance 3:00 <i>How to prepare to Talk with your doctor</i> —A conversation with Dr. Fondell	13 10:30 Thrive! The Power of Love w/ Christian M 1:00 History Theater 3:00 Decision Making Mtg History Theater Performance Evening	14 11:00 Orientation 1:00 Visiting w/ Vicky 2:50 ICA Food Shelf 4:30 Valentine's Evening: Dinner, Karaoke, Bingo 5:30 <i>Star Trek Discovery</i> viewing	15 10:00 MICD 1:00 Philosophy Mtg 2:00 Media Meeting 5:30 Painting and Crafting Evening	16 9:30 Calendar Planning Meeting 2:00 Birthday Social: Friendship Bread, Speed Friending, Getting-to-know-you exercises	17 Hopkins Closed <i>(Minneapolis OPEN 11-2)</i>
19 President's Day Vail Place Open 10-2 	20 10:30 Thrive! Mindfulness with Danny E. 3:00 Decision Making Mtg 5:30 Music Rehearsal	21 11:00 Orientation 3:00 Elm Creek Tubing Outing	22 10:00 MICD 1:00 House Meeting	23 8:30 Free Community Breakfast 10:30 Education & Tutoring Hour	24 Hopkins Open 11-2 pm Empty Bowls Reiki
26 9:15 Week at a Glance	27 10:30 Thrive! Low-impact chair yoga w/ Christine S 3:00 Decision Making Mtg 5:30 Gift Rap Poetry w/ Dan Triple E (Danny E.) 6:00 Golden Girls Evening	28 11:00 Orientation 2:50 ICA Food Shelf 5:30 Dinner Outing: Christos Greek Restaurant			Training & Orientation - Purple Social Rec, Creative - Blue Gatherings/Classes - Red Wellness - Green



February 2018

Hopkins Vail Place Lunch Menu

(Menu items subject to change)

- Meals are \$2.00
- ◆ Sign up by 11:15
- ◆ Pay by 11:45

Dinner is at 5 p.m. on Tuesdays, Wednesdays and Thursdays

If no specific dinner is listed for the evening, sandwiches will be served with a choice of fruit, chips, or veggies

Breakfast Lunch *Dinner*

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Philly Cheese Steaks _____ <i>Dinner</i>	2 Yellow Cake Oatmeal _____ New England Clam Chowder
5 Breakfast _____ Ohio Diet	6 Tuna Melts _____ <i>Dinner</i>	7 Split Pea & Ham Soup _____ <i>Marilyn's Favor- ite: Lo Mein</i>	8 Black Bean Burgers _____ <i>Dinner</i>	9 Biscuits & Gravy _____ Fancy Mac & Cheese
12 Breakfast _____ Beef Fried Rice	13 Mardi Gras _____ <i>Dinner</i>	14 Veggie Sloppy Joes _____ <i>Stuffed Peppers</i>	15 Chorizo Alfredo Pasta _____ <i>Dinner</i>	16 Stuffed French Toast _____ Chicken Gyro Salad
19 Free Meal President's Day Homemade Tomato Soup and Grilled Cheese; Apple Pie	20 Ratatouille _____ <i>Dinner</i>	21 Potstickers, Egg Rolls and Wontons _____ <i>Chili</i>	22 Sweet & Sour Pork _____ <i>Dinner</i>	23 Waffles (Free!) _____ Salmon & Sweeties
26 Breakfast _____ Chicken Tikka Masala	27 Calzones _____ <i>Dinner</i>	28 Vegetarian Sambusas _____ <i>Dinner Outing</i>		