\*\*\* February 2018 Minneapolis Vail Place Program Calendar \*\*\*

**VAIL PLACE: 1412 W 36th St., Minneapolis, MN 55408 Phone: 612-824-8061 Fax: 612-824-9474 www.vailplace.org**

**HOURS: Mondays & Fridays 8 – 4:30; Tuesdays, Wednesdays & Thursdays 8 – 7:30; Alternate Saturdays 11 - 2**

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| DAILY & WEEKLY MEETINGS | | | | | |
| MONDAY  8:15 Breakfast  9:30 Work Center Mtg.  10:00 OPEN TOUR  11:00 Meditation  1:00 Work Center Mtg.  1:30-3 Service Center.  2:00-3 Snack Bar Training | TUESDAY  9:00 Walk in New  Member Enrollment  9:30 Work Center Mtg.  11:00 Meditation  1:00 Work Center Mtg.  1:30-3 Service Center. | WEDNESDAY  9:30 Work Center Mtg.  10:00 Grocery shopping  11:00 Meditation  11:00 Newsletter Mtg.  12:30 Stop Smoking NAMI  1:00 Decision Making Mtg.  1:30-3 Service Center  2:00-3 CHD Mtg  5:45 NAMI Mtg. | THURSDAY  9:30 Work Center Mtg.  11:00 Meditation  11:00 Bus. Dept. Mtg.  1:00 Work Center Mtg.  1:00 New Member Orientation  3:00 OPEN TOUR | FRIDAY  8:15 Breakfast  9:30 Work Center Mtg.  10:00-11 Snack Bar Training  11:00 Meditation  1:00 MI/CD Mtg.  1:00 Work Center Mtg.  1:30-3 Service Center. | SATURDAY |

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| *SOCIAL, EDUCATIONAL AND Work day EVENTS* |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | SUN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |  |  |  |  | 1  9:00 New Member  Orientation  3:30 Speed Friending  w/ Katie  6:00 Price is Right | 2  3:30 Philosopher’s  Stone w/ David  BB (m.e.) | 3  Vail Uptown  Open 11-2  12:30 Reiki  Super Bowl of Soup | | 4 | 5  2:00 Snack Bar  Healthy Food Prep  3:30 Café of the  Month | 6  2:00 Online Clubhouse  Visit  3:00 Medical Dr. Q & A  6:00 Art Nouveau w/  Fiona (m.e.)  6:30 Basketball Game | 7  2:00 Resources 101  3:30 St. Paul Winter  Carnival  6:00 Making Potpourri  Sachets w/ Danielle  (m.e.) | 8  1:00 New Member  Orientation  2:00 Member Memorial  3:30 Candle Making  w/ Michaela (m.e.)  6:00 Vail Drum Circle | 9  3:00 Monthly Music  Hour w/ Addie  3:30 YOGA w/ Lynn | 10  Vail Uptown Closed  Vail Hopkins  Open 11-2 | | 11 | 12  2:00 Snack Bar Healthy Food Prep  3:00 Winter Hike at  Fort Snelling State  Park | 13  2:00 TE Dev. Mtg  3:30 Tarot Card Reading  w/ Irene  5:30 Vail Theater  Presentation at History  Theater (St. Paul)  **Vail Closing at 5:30**  *No Basketball Game* | 14  11:00 – Wellness Team  Presentation “Seasonal Affective Disorder”  3:00 Valentine Day  Party w/ Katie & Mish  6:00 Pool Tournament  w/ Bob (m.e.) | 15  9:00 New Member  Orientation  1:00 Dept Project Review  3:30 Spanish Tapas  Making w/ Lisa (m.e.)  6:00 Vail Music Jam | 16  10:30 Diversity Mtg.  3:30 Black History  Month Event :  “Notable Black  Women in History”  by Danielle (m.e.)  w/Peach Cobbler | 17  Vail Uptown Open  11:00 Snowshoeing  at Lawry Nature  Ctr.  12:30 Reiki | | 18 | 19  Presidents Day Holiday  **Open 10-2**  BINGO @ 10:30  Lunch at noon | 20  2:00 Snack Bar Mtg.  3:30 MCTC (visiting)  Accessibilities Resource  5:30 Basketball Game  6:00 Healing Touch  6:00 Zen Tangle w/Pete  (m.e.) | 21  11:00 Member Special Presentation on  “Huntington’s Disease”  3:30 Mindful Bowling  6:00 Singing Love  Songs w/ Liz (Classically trained ) | 22  1:00 New Member  Orientation  2:00 TE Placement Mtg  3:30 Ice Skate w/ Josh  3:30 Bridge Card Game  w/ Chris S. (m.e.)  6:00 Art Class w/ Andrew | 23  10:00 Vail voices in  government  3:30 Oscar  Movies at  Southdale ($5)  3:30 YOGA w/ Lynn | 24  Vail Uptown Closed  Vail Hopkins  Open 11-2 | | 25 | 26  2:00 Talk to Vicky  3:30 Spirituality  Circle | 27  12:00 New Member  Welcome Lunch  2:00 TE Dev. Mtg  3:30 Ethnic Food Eat  Out for Chinese New  Year – 98lb Buffet ($)  5:30 Basketball Game  6:00 Trivia BINGO | 28  11:00 Wellness Team Meeting  3:30 January B Day &  Karaoke Party  6:00 Cribbage  Tournament |  |  |  | |