\*\*\* February 2018 Minneapolis Vail Place Program Calendar \*\*\*

**VAIL PLACE: 1412 W 36th St., Minneapolis, MN 55408 Phone: 612-824-8061 Fax: 612-824-9474 www.vailplace.org**

**HOURS: Mondays & Fridays 8 – 4:30; Tuesdays, Wednesdays & Thursdays 8 – 7:30; Alternate Saturdays 11 - 2**

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| DAILY & WEEKLY MEETINGS |
| MONDAY8:15 Breakfast9:30 Work Center Mtg.10:00 OPEN TOUR11:00 Meditation1:00 Work Center Mtg.1:30-3 Service Center.2:00-3 Snack Bar Training | TUESDAY9:00 Walk in New Member Enrollment9:30 Work Center Mtg.11:00 Meditation1:00 Work Center Mtg.1:30-3 Service Center. | WEDNESDAY9:30 Work Center Mtg.10:00 Grocery shopping11:00 Meditation11:00 Newsletter Mtg.12:30 Stop Smoking NAMI1:00 Decision Making Mtg.1:30-3 Service Center2:00-3 CHD Mtg5:45 NAMI Mtg.  | THURSDAY9:30 Work Center Mtg.11:00 Meditation11:00 Bus. Dept. Mtg.1:00 Work Center Mtg.1:00 New Member Orientation 3:00 OPEN TOUR | FRIDAY8:15 Breakfast9:30 Work Center Mtg.10:00-11 Snack Bar Training11:00 Meditation1:00 MI/CD Mtg.1:00 Work Center Mtg.1:30-3 Service Center. | SATURDAY |

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| *SOCIAL, EDUCATIONAL AND Work day EVENTS* |
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| SUN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|  |  |  |  | 19:00 New Member  Orientation 3:30 Speed Friending w/ Katie 6:00 Price is Right  | 23:30 Philosopher’s  Stone w/ David  BB (m.e.)  | 3Vail Uptown Open 11-212:30 Reiki Super Bowl of Soup |
| 4 | 52:00 Snack Bar  Healthy Food Prep3:30 Café of the Month  | 62:00 Online Clubhouse  Visit3:00 Medical Dr. Q & A 6:00 Art Nouveau w/  Fiona (m.e.) 6:30 Basketball Game  | 72:00 Resources 101 3:30 St. Paul Winter  Carnival 6:00 Making Potpourri  Sachets w/ Danielle (m.e.)  | 81:00 New Member  Orientation 2:00 Member Memorial3:30 Candle Making  w/ Michaela (m.e.)6:00 Vail Drum Circle  | 93:00 Monthly Music  Hour w/ Addie3:30 YOGA w/ Lynn  | 10Vail Uptown ClosedVail Hopkins Open 11-2 |
| 11 | 122:00 Snack Bar Healthy Food Prep3:00 Winter Hike at Fort Snelling State Park  | 132:00 TE Dev. Mtg3:30 Tarot Card Reading w/ Irene 5:30 Vail Theater Presentation at History Theater (St. Paul)**Vail Closing at 5:30***No Basketball Game*  | 1411:00 – Wellness TeamPresentation “Seasonal Affective Disorder”3:00 Valentine Day  Party w/ Katie & Mish 6:00 Pool Tournament  w/ Bob (m.e.)  | 159:00 New Member  Orientation 1:00 Dept Project Review3:30 Spanish Tapas  Making w/ Lisa (m.e.) 6:00 Vail Music Jam  | 1610:30 Diversity Mtg.3:30 Black History  Month Event :  “Notable Black  Women in History” by Danielle (m.e.)  w/Peach Cobbler  | 17Vail Uptown Open11:00 Snowshoeing  at Lawry Nature  Ctr.12:30 Reiki  |
| 18 | 19Presidents Day Holiday**Open 10-2** BINGO @ 10:30 Lunch at noon | 202:00 Snack Bar Mtg. 3:30 MCTC (visiting) Accessibilities Resource5:30 Basketball Game 6:00 Healing Touch 6:00 Zen Tangle w/Pete (m.e.)  | 2111:00 Member Special Presentation on “Huntington’s Disease” 3:30 Mindful Bowling6:00 Singing Love  Songs w/ Liz (Classically trained ) | 221:00 New Member  Orientation 2:00 TE Placement Mtg3:30 Ice Skate w/ Josh3:30 Bridge Card Game w/ Chris S. (m.e.) 6:00 Art Class w/ Andrew | 2310:00 Vail voices in  government 3:30 Oscar  Movies at  Southdale ($5) 3:30 YOGA w/ Lynn  | 24Vail Uptown ClosedVail Hopkins Open 11-2 |
| 25 | 262:00 Talk to Vicky3:30 Spirituality  Circle  | 2712:00 New Member Welcome Lunch 2:00 TE Dev. Mtg3:30 Ethnic Food Eat  Out for Chinese New  Year – 98lb Buffet ($) 5:30 Basketball Game6:00 Trivia BINGO | 2811:00 Wellness Team Meeting3:30 January B Day &  Karaoke Party6:00 Cribbage Tournament  |  |  |  |

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