

2015 VAIL PLACE ANNUAL REPORT

Program Description

Vail Place is a Minnesota nonprofit (locations in Minneapolis and Hopkins) with 35 years' experience providing services grounded in the Evidence-Based, internationally-proven Clubhouse Model – a whole-health approach to mental health that goes beyond preventing disease, to promoting what the World Health Organization calls **complete physical, mental and social well-being**.

The program targets **adults (18 and older) with serious and persistent mental illness (SPMI) who are in need of ongoing assistance to obtain or maintain self-sufficiency in the community**. About 80% present with co-occurring conditions such as chemical health issues, chronic health conditions, physical disabilities, etc. **The vast majority live well below the federal poverty guidelines**.

Through our unique **Clubhouse Community Support Program (CSP)** we provide community-based resources and services (including housing, employment, health and wellness, and more). Through **Case Management** we provide individuals with the highest needs with a recovery-focused approach to identify and devise plans to achieve their goals. Through **Collaborative Programming** we extend and grow our services to reach a broader geographic and demographic population and help fill gaps in healthcare service delivery and improve coordination of care.



Highlights

- Grand Opening of Renovated Clubhouse and New Office Building in Hopkins, providing increased program, case management, and administrative capacity.
- Restructured Overall Management Team to provide more effective supervision and development of CSP, Case Management, and Collaborative Community programs.
- Expanded Case Management and Employment programs – Added five case managers as part of the North Memorial Case Management Team. Employment Program expanded with new Transitional Employment (TE) sites.
- Expanded focus on Integrated Care – Joined Minnesota Practice Facilitation Program which provides intensive coaching and facilitation for practice change that amplifies existing state integrated health, e-health and accountable care efforts.
- Increased Visibility and Impact in the Mental Health System and the broader Community – 1) Were invited to present on our innovative Theater/Storytelling Program at the Clubhouse International Conference in Denver in October. 2) Received quality media coverage: on-air interview on KARE11 of Executive Director, Vicky Couillard; feature articles in Star Tribune and MinnPost. And 3) Increased our social media presence (over 100% increase in referrals to our website).
- Developed Theater/Storytelling Project into an ongoing Core Program.



Collaborations and Community Impact

- Continued to grow collaboration with North Memorial Health Care to develop Total Care Collaborative – currently includes a team of Vail Place case managers on site at North Memorial and North Memorial Community Paramedics making monthly visits to both Vail Place Clubhouses to provide basic medical services and engage in Q&A with members.
- Grew collaboration with Bethlehem Lutheran Church. In addition to a Mental Health Navigator, we now also provide a Peer Support Specialist for their Mental Health Connect program, which offers supportive, effective services to connect individuals to a broad range of community resources.
- Expanded Fundraising Opportunities – 1) Added private support with a \$15,000 General Operating Grant from the Richard M. Schulze Family Foundation. And 2) Saw progress in adding Clubhouse as a reimbursable service under Minnesota's Medicaid plan.
- Were designated an Orientation Site by Clubhouse International. We began developing a training program, which will be implemented in 2016, to introduce programs in our region to learn about Clubhouse and potentially pursue Clubhouse Accreditation.

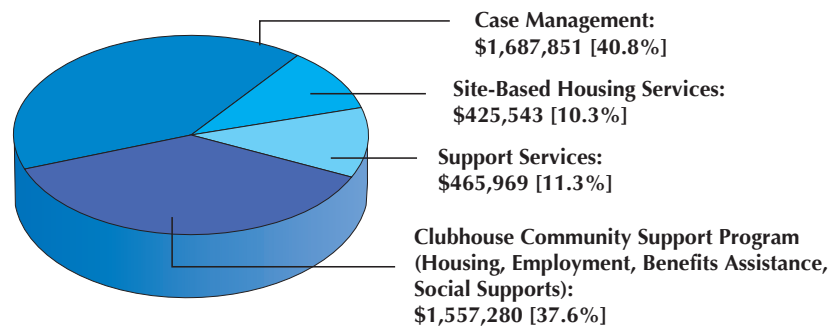


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Members Served

- 1,898 people served – primary diagnoses: Schizophrenia, Schizoaffective disorder, Major Depression, and Bi-polar Disorder.
- 370 received Housing Services – assistance finding and retaining stable housing.
- 485 received Case Management services.
- \$1,085,633 – gross income of all members working.
- 13,055 – total meals served.

HOW WE MEET NEEDS



Satisfaction

In members' own words:

- I just love Vail Place! Whenever I see anyone who has similar struggles I tell them about Vail Place! Vail Place has changed my life in a way I never thought possible!
- Vail Place to me is like one big, welcoming family. I now have nearly 14 years here as a member, and simply cannot imagine my life without Vail Place as my cornerstone, my rock.
- I'm glad this place exists to help me help myself and I'm glad I'm not alone. Now I can go beyond my so-called problems and derive to solutions.
- I am more independent, getting out more, exercising, eating healthy and everything else related to that. I really appreciate the service I get from my case manager.

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