

*** June 2019 Vail Uptown Clubhouse Program Calendar ***

VAIL PLACE: 1412 W 36th St., Minneapolis, MN 55408 Phone: 612-824-8061 Fax: 612-824-9474 www.vailplace.org

HOURS: Mondays & Fridays 8 – 4:30;

Tuesdays, Wednesdays & Thursdays 8 – 7:30;

Alternate Saturdays 11 - 2

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
9:30 Department Mtgs. 10:00 OPEN TOUR 11:00 Meditation 1:00 Planning Meeting 1:00 History Theater Writing Session 2:00 Healthy Snack Bar Food Prep	9:00 New Member Enrollment 9:30 Department Mtgs. 11:00 Meditation 11:00 Newsletter Mtg. 1:00 Department Mtgs.	9:30 Department Mtgs. 11:00 Meditation 11:30 Wellness Wisdom 1:00 Decision Making Mtg. 2:30 Smoke-Free-Break Backyard	9:30 Department Mtgs. 11:00 Meditation 11:00 BD Weekly Mtg 1:00 Department Mtgs. 1:00 CHD Weekly Mtg. 2:00 Healthy Lifestyles for Tobacco Users 3:00 OPEN TOUR	8:45 Employment Meeting 9:30 Department Mtgs. 11:00 Meditation 1:00 Department Mtgs. 1:30 Dual Diagnosis (MICD) Mtg. 1:30 Friday Fix-it Time

SOCIAL, EDUCATIONAL AND WORK DAY EVENTS

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
					1 Vail Uptown Closed (Hopkins Open 11-2)
3 2:00 Mozzaz Support w/Addie 3:30 Café of the Month	4 2:00 Speaker's Bureau 3:00 Hopkins AV Support 6:00 Price is Right 6:30 Softball Game	5 10:00 Garage Sale Planning Mtg 3:30 Pool Tournament 4:30 Dr. Vail Hour auditions @ H2 6:00 Nintendo Switch Game w/ Mykea 6:00 Ragnar Meeting	6 2:00 Mozzaz Support w/Addie 3:30 Ethnic Food Eat Out (\$) 5:00 Speaker's Bureau @ Vail House 6:00 Vail Drum Circle	7 8-12 Outdoor Prep for Open House Tie Dye Party at Vail Hopkins (12:30-4:30)	8 Uptown Vail Open 11-2 11:00 MN Arboretum Summer Garden Trip
10 1:30 Open House Cooking prep 3:30 Basketball Horse game w/Greg(m.e.)	11 3:30 Grand Slam Batting Cage 3:30 Scrabble w/Gwen(m.e.) 5:30 Open House Cooking Prep 6:00 Sand Craft w/Mykea (m.e.) No Softball Game	12 3:30 Russian Independence Day Celebration w/ Tom L.(m.e.) 5:30 Ragnar Mtg. @ Hopkins 6:00 Wii Game w/ Sebastian (m.e.)	13 Uptown Vail Annual Open House (3:30-6:30) Music, Indian Food & Theater Etc.	14 10:30 Program Calendar Meeting 10:30 Wellness Biking 1:30 AV Club at Hopkins 3:00 Creative Writing Class w/ Marya	15 Vail Uptown Closed (Hopkins Open 11-2)
17 1:30 Healthy Baking 3:00 Wellness Summer Hike at Pikes Island w/ Josh	18 2:00 Speaker's Bureau 3:00 Hopkins AV Support 3:30 Ping Pong in Community Room 6:00 Healing Touch 6:00 Outdoor Fire Pit 6:30 Softball Game	19 10:00 Garage Sale Planning Mtg 3:30 Climate Change w/ Jonathan & Guest Speaker (m.e.) 6:00 Oiche Airneal (Night of Irish Fun)	20 3:30 Blind Contour Drawing w/ Andrew (m.e.) 5:30 Swing Dance at Wabasha Cave 6:00 Vail Music Jam	21 Summer Solstice 10:00 Reach Out Visits w/Katie 3:30 Philosopher's Stone By David BB (m.e.) 3:30 Beginner's Yoga with Lynn	22 Uptown Vail Open 11-2 11:00 Vail House Open House
24 Pride Week 2:30 Talk to Vicky 3:30 Spirituality Circle	25 3:00 Pride Week GLBT Rainbow Celebration 6:00 Leather Work 7:30 Softball Game (Game Starts at 8:15pm)	26 2:00 Snack Bar mtg. 3:30 Mindful Bowling 3:30 Karaoke & B Day Party 6:00 Trivia BINGO	27 3:30 Tennis 101 3:30 Cribbage Tournament 6:00 Free Style Acrylic Painting w/ Jude (m.e.)	28 10:30 Wellness Biking w/ Hopkins 10:30 Speaker's Bureau @ HCMC Crisis Res. 1:30 AV Club at Hopkins 3:30 Fishing & Swimming @ Cedar Lake	29 Vail Uptown Closed (Hopkins Open 11-2)