

## Hopkins Vail Place Newsletter May 2019

# Meals at H2– A Success! By Katie L

We started selling our delicious lunches to the Vail Place staff who work out of the “H2” office across the parking lot. Look at this delicious food! For only \$5, they can purchase a healthy meal made by our colleagues– that’s WAY cheaper than Chipotle! As you can see we bring over a cart with trays of all the food that was ordered, and drop off the cart. H2 staff can pick up their lunch at their leisure and return the tray. Then we pick it up at the end of the day. I want to congratulate everyone who dreamed up, planned, prepared, and made this happen! It’s starting off slow– we had 2 orders today. But I know it will take off soon. Look at Shelly enjoying receiving a homemade meal! Hats off to the Hopkins Club for working to make this dream a reality!



**Where we've been, where we're at now, and where we're going:  
A Tobacco Free Update.  
By: Calynn H. and Julie K-R.**

As you likely know by now, Vail Place has gone tobacco-free, as of April 1st, 2019. In keeping with our mission of focusing on the health of the whole person, the decision was made to clear the air at Vail Place properties.

In anticipation of that start date, the last week of March was filled with fun activities that engaged the membership in conversation and games surrounding tobacco facts and myths, nicotine replacement therapies, and much more. Several members participated in the "Question of the Day" activity in which a member won a free meal ticket each day of the week for answering the question correctly. We capped the week off with an energetic, entertaining, and enthusiastic version of Jeopardy! Alex Trebek hosted the game and was his usual awesome self.



# THE VAIL VOICE

## Employment for Clubhouse in 2019!

By: Samantha D.

Employment has been the hot topic in Clubhouse this year. I'm sure some folks are sick of hearing about TE's and SE's and employment dinners, but we do appreciate all the work that members and staff have put forth to grow our employment program. We are changing some things to help us reach the goals that we have and to allow members to help with our employment efforts. Employment is important to the Clubhouse not only because having TE is a requirement of Clubhouse international. Employment is very important for some people to have a sense of purpose in their lives. While we know that not every member has employment in mind as a part of their journey, a lot of people do and it also is important in getting new members.



A lot of potential members are looking for employment and having a thriving TE program will help attract new members.

If someone is looking for help with employment, whether it's making a re-

sume, doing job searches or any other employment related support we now have employment support hour. We have employment support hours with staff and members helping folks from 11-12p on Wednesdays and 2-3p on Thursdays.

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# THE VAIL VOICE

## Announcements



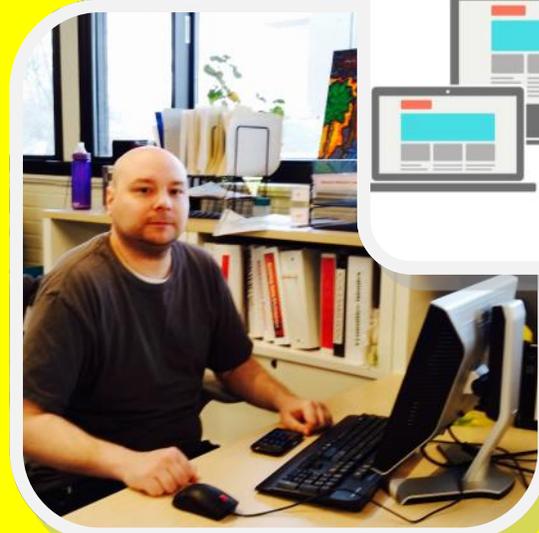
### Need Phone, Computer, or Tablet Assistance?

Derek G. is able to help!

- Computers
- Tablets
- Phones
- Microsoft Office
- Web (email, Facebook, research, job applications)
- By Appointment

Request a Session w/ Derek:

- Call/text: 612.234.2305
- Email: [dgaudish@gmail.com](mailto:dgaudish@gmail.com)



Bus Cards are available at the ICA Food Shelf.

Contact your local Food Shelf for more information.

### Weekly Clubhouse Meetings

**W.A.A.G (Week at a Glance):** Take a look at what we are doing for the week every Monday at 9:15 am.

**Calendar Planning:** Help us plan meals and activities for the following month every Monday at 1p.

**Fun 411:** Want to learn a task in the Clubhouse? This is the time. Every Tuesday at 1p.

**Decision Making Meeting:** Help make a decision for the Clubhouse every Wednesday at 1p.

**Philosophy Meeting:** Discuss Clubhouse philosophy and Clubhouse standards every Thursday at 1p.

**Open Employment Hours:** Get help with resumes, job searching and applications. Every Wednesday at 11a and Thursday at 2p.

**THRIVE!:** Our weekly wellness hour covering various wellness topics and activities every Friday at 1p.

**WAAC (Week at a Close):** Talk about what we accomplished during the week every Friday at 9:15 A.

## Employment for Clubhouse in 2019! Continued...

By: Samantha D.

We also have an Employment Development meeting on Thursdays at 3p. There we will go through our different goals of 2019 and we will talk about which places to approach for TE and SE. We are focusing on hitting up two potential TE sites a

week and during these meetings we will talk about what places we should approach and updates on older ones. This meeting is open to any staff and members that are interested in employment. I think one of the coolest parts about us rebooting our employment program has been seeing how much our members have helped out with employment even when they aren't interested in employment for themselves. It's inspiring to see how dedicated our members are to helping out to help other members gain employment and the



Clubhouse try and reach our employment goals. We currently have 2 TE's, 1 SE and 31 IE's and we are trying to get more everyday.

There is a lot of employment work to be done during the work ordered day like gathering statistics, making employment cards and calling folks to invite them to

employment dinners. We had a lot of members help out with our employment dinner that we had in April. We had a Thanksgiving feast and honored members that had work anniversaries or started jobs from January- April 2019. We had 16 people in attendance and we will be having 3 more employment dinners this year.

We will be having a Vocational Celebration this September that we will be working hard on planning and executing. We have already started on the planning but will be bringing colleagues who haven't been involved so far up to speed at the DMM on May 15 at 1p. We will be having a large celebration and will need a lot of help with it so if you're at all interested, we will see you there!

**AVERAGE DAILY ATTENDANCE  
FOR THE MONTH OF MARCH:**

**32**

### May Birthdays

*Robin A.  
Emery C.  
Donnie L.  
Richard W.*

Here are all the members and staff who worked on this month's newsletter:

Editor in Chief: Samantha

Editor: Samantha

Layout:

Article writers: Samantha D, Katie L, Julie K-R,  
Calynn H.

Sign up to help with the newsletter at the morning meetings

### CLUBHOUSE GUARANTEES:

- ◆ A guaranteed right to a place to come
- ◆ A guaranteed right to meaningful work
- ◆ A guaranteed right to meaningful relationships
- ◆ A guaranteed right to a place to return



### Write an article or help edit and format the Vail Voice:

Come to a newsletter meeting and sign up to write an article or edit and format the newsletter. Don't want to write an article alone? Bring your article idea and find someone to write with.

Submit articles to the publication board in Business and Communication or email to :  
hclerical@vailplace.org



Please be sure to be green and share, then RECYCLE this newsletter after you're done with it!! It really is easy being green!!



**For more about us go to [www.vailplace.org](http://www.vailplace.org)**

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