

# September 2019 Calendar

## Hours

Mon and Fri.:  
8am - 4:30pm  
Tu, Wed, Thu: 8am - 7:30pm  
Every Other Saturday:  
11am - 2pm

15 9th Ave S, Hopkins, MN  
(952) 938-9622  
www.vailplace.org

## Social Rec Times

Everyday 12:00 pm-1:00 pm  
Tues, Wed, Thurs 4:00-7:30pm  
Every Other Saturday 11-2

## Business Center

Mon, Wed, Fri  
2:00-2:30 pm

## Daily Meetings

Tuesday, Wednesday, Thursday  
8:30am

## Housing Drop-In Hours

Mondays 1:00-3:00  
Thursdays 9:30-11:30

## Employment Support Hours

Wednesdays @ 11  
Thursdays @ 2

## To Become a Member:

**1) Tour**  
Mondays 10:00am OR  
Tuesdays 10:00am  
**2) Enrollment**  
Wednesdays 9:00am  
**3) First Day**  
Mondays 9:00am OR  
Fridays 9:00am

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2  <b>Labor Day</b>  <b>10a-2p</b>  <b>Free Meal at 12p</b>	3 1:00 Fun 411! Newsletter Layout <i>TBD: Family Medicine Resident - Dr. Paul Stadem</i> 3:30 Healthy Living: Walk around town 5:30 Intentional Sharing Evening	4 10-1- Farmers Market Craft 10:30 Reach Out All Stars 1:00 Decision Making Mtg 2:15 Renovators Business Meeting 4:30 Picnic Prep	5 10:00 MI/CD Meeting 1:00 Philosophy Meeting 2:30 Employment Development  <b>Annual Picnic Evening</b>	6 9:15 Week at a Close (WAAC) 1:00 Thrive: Light Yoga	7  <b>Hopkins Open</b> <b>11-2 pm</b>  <b>Farmers Market</b> <b>8a-12p</b>
9 9:15 Week at a Glance 10:00 Speaker's Bureau 1:00 Snack Bar Meeting 2:30 Communication Meeting (AV & Newsletter)	10 1:00 Fun 411! Video Camera and WE Video 3:30 Healthy Living: Stretching to Music on the Patio! 5:30 Renovators <b>Nathans Advocacy Day</b>	11 10-1- Farmers Market Craft 10:30 Reach Out All Stars 1:00 Decision Making Mtg 5:30 Restaurant Outing: Yum!	12 10:00 MI/CD Meeting 1:00 Philosophy Meeting 2:30 Employment Development 4:30 Arts and Crafts Night <b>Jonathan's Advocacy Day</b>	13 9:15 Week at a Close (WAAC) 1:00 Thrive: Nutrition for Mental Health	14 <b>Hopkins Closed</b> <i>(Vail Uptown OPEN 11-2)</i>
16 9:15 Week at a Glance 10:00 Speaker's Bureau 1:00 Calendar Planning 2:30 Communication Meeting (AV & Newsletter) <b>Samantha's Advocacy Day</b>	17 1:00 Fun 411! Newsletter Layout 3:30 Healthy Living: Brain Gym 5:30 Mindfulness Evening	18 10-1- Farmers Market Craft 10:30 Reach Out All Stars 1:00 Decision Making Mtg 4:00 Movie Night- Avengers: Endgame	19 10:00 MI/CD Meeting 1:00 Philosophy Meeting 2:30 Employment Development 4:30 Hopkins Employment Celebration	20 9:15 Week at a Close (WAAC) 1:00 Thrive: Triggers	21 <b>Hopkins Open</b> <b>11-2 pm</b>
23 9:15 Week at a Glance 10:00 Speaker's Bureau 1:00 Calendar Planning 2:30 Communication Meeting (AV & Newsletter) <b>Julie's Advocacy Day</b>	24 1:00 Fun 411! Fun 411! Video Camera and WE Video 3:30 Healthy Living: Walk in the Woods 5:30 Renovators	25 10-1- Farmers Market Craft 10:30 Reach Out All Stars 1:00 Visiting w/ Vicky 2:15 ICA Food Shelf 4:30 Farkle Free Game Night	26 10:00 MI/CD Meeting 1:00 Philosophy Meeting 2:30 Employment Development 4:30 Meditation/Zen Evening	27 8:30 Community Breakfast 9:15 House Meeting 1:00 Thrive: Goal Setting	28 <b>Hopkins Closed</b> <i>(Vail Uptown OPEN 11-2)</i> <b>NAMI Walk</b>
29 9:15 Week at a Glance 10:00 Speaker's Bureau 1:00 Calendar Planning 2:30 Communication Meeting (AV & Newsletter)	30 1:00 Fun 411! 3:30 Healthy Living: Let's Learn about Sugar 5:30 Movie Night: Rocketman				<b>Color Key:</b> <b>Training - Purple</b> <b>Social Rec - Blue</b> <b>Meetings/Classes - Red</b> <b>Wellness - Green</b>