

Clubhouse Hours
M-F 8:30-4:30p

Weds. Open til 6:30p

Weekend: Zoom Socials/Outings


Daily Meetings:

MAY 2024 - VAIL PLACE CALENDAR

AM 9:00 Morning Meeting, 9:15 - 9:30 Dept. Meetings
PM 1:00 Afternoon Meeting, 1:15 - 1:30 Dept. Meetings

Departments:

Culinary n' Wellness;
Member Development;
TRAC: Tech/Reception/
Admin/Communications

MONDAY	TUESDAY	WEDS OPEN TIL 6:30 MAY	THURSDAY	FRIDAY	SAT & SUN
<p>29 Staff Training Day Clubhouse Closed 8:30 The Mighty Monday Morning Meeting w Mark (on Zoom) 1:00 Gab-a-thon w/ Randy</p>	<p>30 10:00 Development Mtg 1:00 History Theater 3:00-5:00 Soft Open Celebration at Ramsey Clubhouse</p> <p>H O P K I N S</p>	<p>1 10:00 Tour Training 10-12 Study Group 2:00 Culinary N' Wellness Planning Meeting 3:00 Remnants (formerly known as the Renovators) 4:00 Friends the TV show</p> <p>W E E K</p>	<p>2 2:00 DMM (Decision-Making Meeting) 3:00 Wellness Talk: The Art of Bee-ing: All about Beekeeping  4:30 Clubhouse Closes</p>	<p>3 2:00 MICD 3:00 Ink Friends Art Group</p> 	<p>4 <u>Saturday.</u> 9:00 Running Group 12:00 Lunch Bunch w/ Jonathan (Zoom)</p> <p>5 <u>Sunday</u> 1:00 Tom's Social Hour (Zoom)</p>
<p>6 8:30 The Mighty Monday Morning Meeting w Mark 10:00 Employment Supports 2:00 Clubhouse Philosophy 3:00 Meditation 3:00 History Theater</p>	<p>7 1:00 History Theater 2:00 Planting Planning Meeting 3:00 Delaney's Last Day Celebration</p>	<p>8 10:00 Tour Training 10-12 Study Group 2:00 Member Dev Planning Meeting 3:00 Basket Project Planning w/ Martha & OTs 4:00 Cinco de Mayo Social</p>	<p>9 2:00 DMM 3:00 Wellness Talk: Managing Diabetes Discussion w/ Wynne</p> <p>U P T O W N W E E K</p>	<p>10 2:00 MICD 3:00 Star Wars Social w/ Ben</p>	<p>11 <u>Saturday.</u> 9:00 Running Group *10:30-2:30* Outing to Taylor's Falls w/ CJ 12:00 Lunch Bunch w/ Jonathan (Zoom)</p> <p>12 <u>Sunday</u> 1:00 Tom's Zm Social</p>
<p>13 8:30 The Mighty Monday Morning Meeting w Mark 2:00 Clubhouse Philosophy 3:00 Meditation 3:00 History Theater</p> <p>H O P K I N S W E E K</p>	<p>14 10:00 Development Mtg 1:00 History Theater 2:00pm Kitchen Deep Clean 3:00 Open Resource Hour</p>	<p>15 10:00 Tour Training 10-12 Study Group 2:00 TRAC Planning Meeting 3:00 Remnants 4:00 Positive Affirmation Jars</p>	<p>16 2:00 DMM 3:00 Wellness Talk: Compassionate Psychiatry w/ John G. 5:30 Equity Advocacy and Justice</p>	<p>17 9-12 Clubhouse Mini Retreat 2:00 MICD 3:00 walk to coffee shop</p>	<p>18 <u>Saturday.</u> 9:00 Running Group 12:00 Lunch Bunch w/ Jonathan (Zoom)</p> <p>29 <u>Sunday</u> 1:00 Tom's Social Hour (Zoom)</p>
<p>20 8:30 The Mighty Monday Morning Meeting w Mark 2:00 Clubhouse Philosophy 3:00 Meditation 3:00 History Theater</p>	<p>21 1:00 History Theater Clubhouse Closing at 2:30 PM 3:00-5:00 Open House: Ramsey Clubhouse</p>	<p>22 10:00 Tour Training 10-12 Study Group 2:00 Culinary N' Wellness Planning Meeting 3:00 Janet's Piano Recital 4:00 India Social w/ Nishi</p> <p>U P T O W N W E E K</p>	<p>23 2:00 DMM 3:00 Wellness Walk</p> <p><i>planting days</i></p> 	<p>24 2:00 MICD 3:00 Drum Circle</p>	<p>25 <u>Saturday.</u> 9:00 Running Group *10:30-2:30* Outing to Northfield w/ Jonathan</p> <p>26 <u>Sunday.</u> 1:00 Tom's Social Hour</p>
<p>27 Memorial Day Hopkins Club Open 10 AM - 2 PM</p> <p>H O P K I N S W E E K</p>	<p>28 10:00 Development Mtg 1:00 History Theater 3:00 Open Resource Hour: Food</p>	<p>29 10:00 Tour Training 10-12 Study Group 2:00 Member Development Planning Meeting 3:00 Remnants 4:00 Travel Social - bring pics or trinkets and stories to share</p>	<p>30 2:00 DMM 3:00 Wellness Talk: Occupational Therapy Wellness</p>	<p>31 2:00 MICD 3:00 Cornhole Tourney w/ Eric</p>	<p>June 1 <u>Saturday.</u> 9:00 Running Group 12:00 Lunch Bunch w/ Jonathan (Zoom)</p> <p>June 2 <u>Sunday</u> 1:00 Tom's Social Hour (Zoom)</p>



Zoom: Hybrid Meetings in Red 878 196 3865 (using free app) or Call in only 888-788-0099, then 878 196 3865

*Black - In Person Only

*Sat: Week of Outing Sign up - Front Desk

Uptown Clubhouse

1412 W 36th St.,
Mpls MN 55408

Hopkins Clubhouse

15 - 9th Ave. S.,
Hopkins, MN 55343

Ramsey Clubhouse

285 Dale St N
St Paul MN 55103

Phone: 612-824-8061 Phone: 952-938-9622

May 2024 Daily Schedule

Open M-F 8:30-4:30p

Wednesdays Open til 6:30p

9:00a Morning Meeting

9:15a Department Meetings

9:30a-12:00p Clubhouse Work Ordered Day

12:00p Lunch \$2

1:00p Afternoon Meeting

1:15-1:30p Department Meetings

1:30p Clubhouse Work Ordered Day

4:00p Weds. & 3:00p Fri. > Social Rec Activity

5:00p Wednesdays Dinner \$2

Clubhouse Work Ordered Day

**Culinary n' Wellness;
Member Development;**

**TRAC: Technology, Reception,
Administration, Communications**

CLUBHOUSE TOURS & PRESENTATIONS

TU & TH 11:00 AM-12:00 PM

SHUTTLE SCHEDULE

Shuttle Departs



Closed Club to go to Open Club at:

8:40 AM & 11:30 AM

Shuttle Returns: 11 AM, 2:30 PM, 4:00 PM

Extended Day Returns - 3:00PM & 6:00 PM

Ramsey Shuttle - M,W,F 12:30 Leaves Open Club

Returns before 4:00 PM shuttle

Holiday Shuttle:

Departs Closed Clubhouse

to go to Open Clubhouse > 10:00 AM

Departs Open to Return at 1:30 PM

Social Recreation:

Weekdays:

Thursdays 4:00-6:30p

Fridays 3:00-4:30p

Weekends: *Outings*

On Zoom Socials:

Saturdays: 12:00p

Lunch Bunch w/ Jonathan

Sundays: 1:00p

Tom's Social Hour

Saturday Outings

***Sign up: Week of the
Saturday Outing at Front Desk**

Saturday May 11th 10:30-2:30:

Taylor's Falls w/ CJ

Saturday May 25th 10:30-2:30

*Outing to Northfield w/ Jonathan

STAFF PHONE NUMBERS

Chad 952-529-1403

CJ 952-212-8027

Daithi 952-529-1100

Eric 952-529-0967

Lilly 952-529-1009

Mindy 952-300-5378

Nathan 952-529-1166

Samantha 952-406-9284

Theo 952-945-4250



LUNCH M-F AT NOON

May Lunch Menu

MEALS \$2

SUPPER MAY WEDNESDAYS 5 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 29 Clubhouse Closed No Lunch	April 30 Fish and Roasted Veggies	1 Mike O's Chicken Sandwiches 5 PM Dinner	2 Lisa's Tator Tot Hotdish	3 Breakfast
H O P K I N S W E E K				
6 Chick Pea Shakshuka	7 Tamales and Elotes	8 Jacob's Cheesy Corn Casserole and Chicken 5PM Taco Pizza w/ Nick	9 Chicken Stir Fry w/Randy	10 Blue Plate
U P T O W N W E E K				
13 Marcia's Chicken Broccoli Stir Fry	14 Shelly and Michelle's Chicken Curry	15 Poutine Fries and Fruit 5PM Fish and Rice Dinner	16 Vietnamese Style Turkey Meatballs	17 Breakfast
H O P K I N S W E E K				
20 Fernando's Chicken and Stuffing	21 Keith's Chicken Burrito Bowl	22 Tony's Spanish Rice 5PM Dinner	23 Ruebens w/ Tom T	24 Blue Plate
U P T O W N W E E K				
27 Memorial Day	28 Joe's Stuffed Shells and Corn	29 Jennifer's Tator Tot Hotdish	30 Italian Chicken in Pepper Pan Sauce	31 Couscous Stuffed Poblano Peppers
H O P K I N S W E E K				